

Peralta Community College District

Nutrition And Dietetics

Overview

College	Merritt College
Originator	Mary Louise Zernicke
Award Type	AS-T Degree

Codes and Dates

Curriculum Committee Approval Date	4/09/2015
Top Code	1306.00 - Foods, Nutrition, and Wellness Studies, General*
CIP Code	19.0501: Foods, Nutrition, and Wellness Studies, General.

Description

The **Associate in Science in Nutrition and Dietetics for Transfer (AS-T Nutrition and Dietetics)** degree is intended to meet the lower division requirements for nutrition and dietetics majors or majors that have been deemed similar in the California State University (CSU) system.

The degree prepares students to function in a variety of nutrition, public health and clinical settings and is for students who seek to transfer to a CSU institution or to prepare for a career in nutrition and dietetics by meeting the requirements to work in a variety of health and wellness settings.

Successful completion of the Associate in Science in Nutrition and Dietetics for Transfer degree (AS-T Nutrition and Dietetics) affords students specific guarantees for transfer to the California State University (CSU) system such as admission to a CSU with junior status, priority admission to their local CSU campus and to a program or major in nutrition and dietetics or similar major. Students transferring to a CSU campus will be required to complete no more than 60 semester or 90 quarter units after transfer to earn a bachelor's degree.

To qualify for the Associate in Science in Nutrition and Dietetics for Transfer degree (AS-T Nutrition and Dietetics), students are required to complete 60 semester units that are eligible for transfer to a California State University, including both of the following:

(1) The California State University General Education - Breadth Requirements (CSU GE-Breadth) or the Intersegmental General Education Transfer Curriculum (IGETC) and

(2) 29-30 semester units with a grade of "C" or better in the major (or "P" if the course is taken on a "Pass/No-Pass" basis) and an overall minimum grade point average (GPA) of at least 2.0 in all CSU transferable coursework. (Some universities may have limits on the number of Pass/No-Pass units they will accept for transfer. See a counselor for more information.)

See the Transfer to Four-Year Colleges and Universities section of this catalog for more information on AA-T overall requirements and CSU GE-Breadth or IGETC.

Note: students should see a counselor at least once each semester to plan for their educational goal(s).

Career Opportunities

Those completing the Associate in Science in Nutrition and Dietetics for Transfer degree (AS-T Nutrition and Dietetics) will be able to transfer to CSU campuses that will prepare them for a variety of careers such as community nutrition specialist, teaching nutrition education, working as nutrition assistant in a hospital setting, or becoming a Dietetic Technician, Registered through the Academy of Nutrition and Dietetics. In addition, students may choose to pursue advanced study in a variety of graduate programs after receiving their baccalaureate degree. With a baccalaureate degree in Nutrition and Dietetics or similar baccalaureate degree, students are eligible to apply for a dietetic internship through the Academy of Nutrition and Dietetics to become a Registered Dietitian.

Program Learning Outcomes

Upon successful completion of this program, students will be able to:

1. Communicate with clients and colleagues in a professional and culturally sensitive manner.
2. Utilize up to date, evidence-based practices in the field of nutrition and dietetics.
3. Communicate effectively orally, and in writing, in a health care or community nutrition environment, whether working with children, families or seniors.
4. Advocate within the community for continued support of health and nutrition.
5. Provide and maintain the highest level of personal ethical behavior.

Degree Requirements:

Required Courses:

Credit Hours: (20 Required)

BIOL 003	Microbiology	5
CHEM 001A	General Chemistry	5
NUTR 010	Nutrition	4
NUTR 031	Food-Production Systems	3
PSYCH 001A	Introduction to General Psychology	3

Select Two from the Following:

Credit Hours: (9 - 10 Required)

BIOL 002 or	Human Anatomy	5
BIOL 004 and	Human Physiology	5
CHEM 012A	Organic Chemistry *	5
MATH 013	Introduction to Statistics	4

Total: 29.00 - 30.00

*: CHEM 012A requires CHEM 001A and CHEM 001B as prerequisites

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